

THE ESMONDE TECHNIQUE

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PLEASE PRINT CLEARLY AND MAIL OR FAX

All cheques/money orders are to be made out to

"THE ESMONDE TECHNIQUE"

Please no postal money orders or registered mail. Thank you!

NAME _____
ADDRESS _____
CITY _____ STATE/PROV _____ ZIP/POSTAL CODE _____
COUNTRY _____ PHONE # _____
EMAIL _____

CLASSICAL STRETCH DVDs:	PRICE / QUANTITY
CLASSICAL STRETCH Season 12 _____	\$64.95 <input type="text"/>
CLASSICAL STRETCH Season 11 _____	\$64.95 <input type="text"/>
CLASSICAL STRETCH Season 10 _____	\$64.95 <input type="text"/>
CLASSICAL STRETCH Season 9 _____	\$64.95 <input type="text"/>
CLASSICAL STRETCH Season 8 _____	\$64.95 <input type="text"/>
CLASSICAL STRETCH Season 7 _____	\$64.95 <input type="text"/>
CLASSICAL STRETCH Season 6 _____	\$64.95 <input type="text"/>
CLASSICAL STRETCH Season 4 _____	\$49.95 <input type="text"/>
Back Pain Relief and Prevention _____	\$19.95 <input type="text"/>
Core Workout _____	\$19.95 <input type="text"/>
ESSEINTRICS AGE REVERSING DVDs:	
AGE REVERSING WORKOUTS FOR BEGINNERS: Posture & Pain-Relief _____	\$19.95 <input type="text"/>
AGE REVERSING WORKOUTS FOR BEGINNERS: Mobility & Bone Strengthening _____	\$19.95 <input type="text"/>
AGE REVERSING WORKOUTS FOR BEGINNERS: Box set includes both Age Reversing DVDs _____	\$34.95 <input type="text"/>
ESSEINTRICS DVDs:	
ESSEINTRICS: Pain-Relief Workouts Box Set _____	\$34.95 <input type="text"/>
ESSEINTRICS: Toning for Beginners _____	\$19.95 <input type="text"/>
ESSEINTRICS: Full Body Toning _____	\$19.95 <input type="text"/>
ESSEINTRICS: The Ultimate Stretch Workouts _____	\$34.95 <input type="text"/>
ESSEINTRICS: Body Sculpting Series _____	\$19.95 <input type="text"/>
ESSEINTRICS: Barre Workout DVD _____	\$19.95 <input type="text"/>
ESSEINTRICS: Strength and Stretch in Motion _____	\$34.95 <input type="text"/>
ESSEINTRICS: Class of 2012 _____	\$19.95 <input type="text"/>
ESSEINTRICS: Pregnancy Workout _____	\$19.95 <input type="text"/>
ESSEINTRICS: Arms, Abs and Waist / Legs, Butt and Thighs _____	\$19.95 <input type="text"/>
BOOKS:	
BOOK: Aging Backwards (<i>New York Times Bestseller</i>) by Miranda Esmonde-White _____	\$24.95 <input type="text"/>
BOOK: Forever Painless by Miranda Esmonde-White _____	\$24.95 <input type="text"/>
BUNDLE AND SAVE	
Classical Stretch DVD Bundle – a \$389.70 value _____	\$311.76 <input type="text"/>
Essentricks DVD Bundle – a \$189.60 value _____	\$151.68 <input type="text"/>
Beginners DVD Bundle – a \$124.80 value _____	\$99.84 <input type="text"/>
Vintage Collection DVD Box Set (2001) – a \$79.90 value _____	\$54.95 <input type="text"/>
Full Body Workout & Stretch Series DVD Bundle (2017) – a \$39.90 value _____	\$34.95 <input type="text"/>

SUBTOTAL _____

SHIPPING AND HANDLING FEE (\$7 for 1, \$10 for 2, FREE for 3 or more DVDs) _____

TAXES: (Exempt for USA). CANADA: Please add taxes for your province _____

TOTAL _____