

## AGING BACKWARDS 3 - Fast Track

Market	City	State	Channel	Weekday	Date	Time	T.Z.
Bend, OR	Bend	OR	KOABDT	Monday	2021-06-07	12:00:00 AM	PT
Bend, OR	Bend	OR	KOABDT	Tuesday	2021-06-08	11:00:00 PM	PT
Bend, OR	Bend	OR	KOABDT	Thursday	2021-06-10	4:00:00 AM	PT
Boston	Boston	MA	WGBHDT	Sunday	2021-05-23	12:00:00 AM	ET
Boston	Boston	MA	WGBHDT	Saturday	2021-06-05	12:30:00 PM	ET
Boston	Durham	NH	WENHDT	Sunday	2021-05-23	12:00:00 AM	ET
Boston	Keene	NH	WEKWDT	Sunday	2021-05-23	12:00:00 AM	ET
Burlington	Burlington	VT	WETKDT	Friday	2021-05-21	10:00:00 PM	ET
Burlington	Burlington	VT	WETKDT	Saturday	2021-05-22	1:00:00 PM	ET
Burlington	Littleton	NH	WLEDDT	Sunday	2021-05-23	12:00:00 AM	ET
Burlington	Rutland	VT	WVERDT	Friday	2021-05-21	10:00:00 PM	ET
Burlington	Rutland	VT	WVERDT	Saturday	2021-05-22	1:00:00 PM	ET
Burlington	St. Johnsbury	VT	WVTBDT	Friday	2021-05-21	10:00:00 PM	ET
Burlington	St. Johnsbury	VT	WVTBDT	Saturday	2021-05-22	1:00:00 PM	ET
Burlington	Windsor	VT	WVTADT	Friday	2021-05-21	10:00:00 PM	ET
Burlington	Windsor	VT	WVTADT	Saturday	2021-05-22	1:00:00 PM	ET
Charlotte	Charlotte	NC	WTVIDT	Saturday	2021-06-05	5:00:00 AM	ET
Charlotte	Charlotte	NC	WTVIDT	Saturday	2021-06-05	10:00:00 AM	ET
Charlotte	Charlotte	NC	WTVIDT	Sunday	2021-06-06	1:00:00 AM	ET
Charlotte	Charlotte	NC	WTVIDT	Monday	2021-06-07	1:00:00 AM	ET
Charlotte	Charlotte	NC	WTVIDT	Monday	2021-06-07	5:00:00 AM	ET
Charlotte	Charlotte	NC	WTVIDT	Tuesday	2021-06-08	2:00:00 PM	ET
Charlotte	Charlotte	NC	WTVIDT	Wednesday	2021-06-09	5:00:00 AM	ET
Charlotte	Charlotte	NC	WTVIDT	Thursday	2021-06-10	5:00:00 AM	ET
Charlotte	Charlotte	NC	WTVIDT	Thursday	2021-06-10	4:00:00 PM	ET
Cheyenne, WY	Alliance	NE	KTNET3	Sunday	2021-06-06	10:00:00 AM	MT
Chicago	Gary	IN	WYINDT	Saturday	2021-05-22	5:00:00 AM	CT
Chicago	Gary	IN	WYINDT	Monday	2021-05-24	9:35:00 PM	CT
Chicago	Gary	IN	WYINDT	Wednesday	2021-05-26	3:35:00 AM	CT

Chicago	Gary	IN	WYINDT	Wednesday	2021-05-26	6:00:00 PM	CT
Chicago	Gary	IN	WYINDT	Thursday	2021-06-03	10:00:00 AM	CT
Chicago	Gary	IN	WYINDT	Monday	2021-06-07	6:00:00 PM	CT
Cleveland	Akron	OH	WEAODT	Saturday	2021-05-29	4:30:00 PM	ET
Cleveland	Akron	OH	WEAODT	Tuesday	2021-06-08	2:30:00 AM	ET
Cleveland	Akron	OH	WEAODT	Monday	2021-06-14	5:00:00 AM	ET
Cleveland	Cleveland	OH	WVIZDT	Saturday	2021-06-05	8:00:00 AM	ET
Davenport, IA	Moline	IL	WQPTDT	Sunday	2021-06-06	4:00:00 AM	CT
Denver	Broomfield	CO	KBDIDT2	Sunday	2021-05-23	8:30:00 AM	MT
Detroit	Detroit	MI	WTVSDT	Saturday	2021-05-29	4:30:00 AM	ET
Detroit	Detroit	MI	WTVSDT	Friday	2021-06-04	4:30:00 AM	ET
Detroit	Detroit	MI	WTVSDT	Monday	2021-06-07	3:00:00 AM	ET
Detroit	Detroit	MI	WTVSDT	Thursday	2021-06-10	5:00:00 PM	ET
Detroit	Detroit	MI	WTVSDT	Sunday	2021-06-13	11:00:00 AM	ET
Duluth-Superior	Duluth	MN	WDSEDT	Saturday	2021-06-05	4:30:00 PM	CT
Duluth-Superior	Duluth	MN	WDSEDT	Monday	2021-06-07	12:00:00 AM	CT
Duluth-Superior	Duluth	MN	WDSEDT2	Saturday	2021-06-05	10:30:00 PM	CT
Duluth-Superior	Duluth	MN	WDSEDT2	Monday	2021-06-07	10:00:00 AM	CT
Duluth-Superior	Hibbing	MN	WRPTDT	Saturday	2021-06-05	4:30:00 PM	CT
Duluth-Superior	Hibbing	MN	WRPTDT	Monday	2021-06-07	12:00:00 AM	CT
Duluth-Superior	Hibbing	MN	WRPTDT2	Saturday	2021-06-05	10:30:00 PM	CT
Duluth-Superior	Hibbing	MN	WRPTDT2	Monday	2021-06-07	10:00:00 AM	CT
Erie	Erie	PA	WQLNDT	Monday	2021-06-07	11:00:00 PM	ET
Eugene	Corvallis	OR	KOACDT	Monday	2021-06-07	12:00:00 AM	PT
Eugene	Corvallis	OR	KOACDT	Tuesday	2021-06-08	11:00:00 PM	PT
Eugene	Corvallis	OR	KOACDT	Thursday	2021-06-10	4:00:00 AM	PT
Eugene	Eugene	OR	KEPBDT	Monday	2021-06-07	12:00:00 AM	PT
Eugene	Eugene	OR	KEPBDT	Tuesday	2021-06-08	11:00:00 PM	PT
Eugene	Eugene	OR	KEPBDT	Thursday	2021-06-10	4:00:00 AM	PT
Fresno-Visalia	Fresno	CA	KVPTDT	Monday	2021-06-07	4:00:00 AM	PT
Fresno-Visalia	Fresno	CA	KVPTDT	Wednesday	2021-06-09	2:00:00 PM	PT
Fresno-Visalia	Fresno	CA	KVPTDT	Saturday	2021-06-12	4:00:00 AM	PT
Gainesville	Gainesville	FL	WUFTDT	Saturday	2021-06-05	10:00:00 AM	ET

Gainesville	Gainesville	FL	WUFTDT	Tuesday	2021-06-08	5:00:00 AM	ET
Hartford	Hartford	CT	WEDHDT	Saturday	2021-06-05	2:00:00 PM	ET
Hartford	Hartford	CT	WEDHDT	Sunday	2021-06-06	5:00:00 AM	ET
Hartford	New Haven	CT	WEDYDT3	Saturday	2021-06-05	2:00:00 PM	ET
Hartford	New Haven	CT	WEDYDT3	Sunday	2021-06-06	5:00:00 AM	ET
Indianapolis	Indianapolis	IN	WFYIDT	Saturday	2021-06-12	12:00:00 PM	ET
Las Vegas	Las Vegas	NV	KLVXDT	Monday	2021-06-07	4:00:00 AM	PT
Las Vegas	Las Vegas	NV	KLVXDT2	Thursday	2021-06-10	3:30:00 PM	PT
Las Vegas	Las Vegas	NV	KLVXDT2	Thursday	2021-06-10	9:30:00 PM	PT
Lincoln-Hastings	Hastings	NE	KHNEDT3	Sunday	2021-06-06	11:00:00 AM	CT
Lincoln-Hastings	Lincoln	NE	KUONDT3	Sunday	2021-06-06	11:00:00 AM	CT
Lincoln-Hastings	Lincoln	NE	NET3	Sunday	2021-06-06	11:00:00 AM	CT
Los Angeles	Huntington Beach	CA	KOCEDT	Saturday	2021-05-22	12:30:00 PM	PT
Los Angeles	Huntington Beach	CA	KOCEDT	Sunday	2021-05-30	2:00:00 AM	PT
Los Angeles	Huntington Beach	CA	KOCEDT2	Thursday	2021-05-27	11:00:00 PM	PT
Los Angeles	Los Angeles	CA	KCETDT	Friday	2021-06-04	10:01:00 PM	PT
Los Angeles	Los Angeles	CA	KCETDT	Monday	2021-06-07	2:00:00 PM	PT
Memphis	Memphis	TN	WKNODT	Monday	2021-06-07	4:00:00 AM	CT
Memphis	Memphis	TN	WKNODT2	Sunday	2021-06-06	10:00:00 PM	CT
Monterey-Salinas	Watsonville	CA	KQETDT	Thursday	2021-05-27	3:00:00 AM	PT
Monterey-Salinas	Watsonville	CA	KQETDT	Saturday	2021-05-29	9:00:00 AM	PT
Monterey-Salinas	Watsonville	CA	KQETDT2	Tuesday	2021-05-25	3:00:00 AM	PT
Monterey-Salinas	Watsonville	CA	KQETDT2	Saturday	2021-05-29	11:00:00 PM	PT
Monterey-Salinas	Watsonville	CA	KQETDT2	Sunday	2021-05-30	5:00:00 AM	PT
New York	Fairfield	CT	WEDWDT	Saturday	2021-06-05	2:00:00 PM	ET
New York	Fairfield	CT	WEDWDT	Sunday	2021-06-06	5:00:00 AM	ET
New York	New York	NY	WNETDT	Saturday	2021-05-22	4:30:00 AM	ET
Oklahoma City	Cheyenne	OK	KWETDT	Saturday	2021-06-05	8:30:00 AM	CT
Oklahoma City	Oklahoma City	OK	KETA	Saturday	2021-06-05	8:30:00 AM	CT
Oklahoma City	Oklahoma City	OK	KETADT	Saturday	2021-06-05	8:30:00 AM	CT
Oklahoma City	Oklahoma City	OK	KETADT2	Sunday	2021-06-06	7:00:00 AM	CT
Orlando	Orlando	FL	WUCFDT	Sunday	2021-06-06	5:00:00 AM	ET
Orlando	Orlando	FL	WUCFDT	Monday	2021-06-07	3:00:00 PM	ET

Panama City	Panama City	FL	WFSGDT	Saturday	2021-06-05	2:30:00 AM	CT
Panama City	Panama City	FL	WFSGDT	Saturday	2021-06-05	3:00:00 PM	CT
Panama City	Panama City	FL	WFSGDT	Tuesday	2021-06-08	4:00:00 PM	CT
Philadelphia	Allentown	PA	WLVTDT	Friday	2021-06-04	10:00:00 PM	ET
Philadelphia	Allentown	PA	WLVTDT	Saturday	2021-06-05	4:00:00 AM	ET
Philadelphia	Allentown	PA	WLVTDT	Saturday	2021-06-05	4:00:00 PM	ET
Philadelphia	Wilmington	DE	WHYYDT	Saturday	2021-05-22	2:30:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT	Monday	2021-05-24	5:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT	Tuesday	2021-05-25	3:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT	Friday	2021-05-28	3:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT	Saturday	2021-05-29	3:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT	Sunday	2021-05-30	3:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Thursday	2021-05-20	8:30:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Thursday	2021-05-20	5:00:00 PM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Saturday	2021-05-22	10:30:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Saturday	2021-05-22	6:00:00 PM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Wednesday	2021-05-26	12:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Saturday	2021-05-29	7:30:00 PM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Monday	2021-05-31	8:30:00 PM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Thursday	2021-06-03	5:00:00 PM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Friday	2021-06-04	10:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Saturday	2021-06-05	10:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Saturday	2021-06-05	7:30:00 PM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Thursday	2021-06-10	5:00:00 PM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Friday	2021-06-11	10:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Saturday	2021-06-12	10:00:00 AM	ET
Philadelphia	Wilmington	DE	WHYYDT2	Saturday	2021-06-12	7:30:00 PM	ET
Phoenix	Phoenix	AZ	KAETDT	Saturday	2021-06-05	11:00:00 PM	MT
Phoenix	Phoenix	AZ	KAETDT2	Tuesday	2021-06-08	4:00:00 PM	MT
Phoenix	Phoenix	AZ	KAETDT2	Saturday	2021-06-12	9:00:00 AM	MT
Pittsburgh	Pittsburgh	PA	WQEDDT	Thursday	2021-05-27	4:00:00 AM	ET
Portland	La Grande	OR	KTVRDT	Monday	2021-06-07	12:00:00 AM	PT
Portland	La Grande	OR	KTVRDT	Tuesday	2021-06-08	11:00:00 PM	PT

Portland	La Grande	OR	KTVRDT	Thursday	2021-06-10	4:00:00 AM	PT
Portland	Portland	OR	KOPBDT	Monday	2021-06-07	12:00:00 AM	PT
Portland	Portland	OR	KOPBDT	Tuesday	2021-06-08	11:00:00 PM	PT
Portland	Portland	OR	KOPBDT	Thursday	2021-06-10	4:00:00 AM	PT
Providence	Norwich	CT	WEDNDT	Saturday	2021-06-05	2:00:00 PM	ET
Providence	Norwich	CT	WEDNDT	Sunday	2021-06-06	5:00:00 AM	ET
Salisbury	Seaford	DE	WDPBDT	Saturday	2021-05-22	2:30:00 AM	ET
Salisbury	Seaford	DE	WDPBDT	Monday	2021-05-24	5:00:00 AM	ET
Salisbury	Seaford	DE	WDPBDT	Tuesday	2021-05-25	3:00:00 AM	ET
Salisbury	Seaford	DE	WDPBDT	Friday	2021-05-28	3:00:00 AM	ET
Salisbury	Seaford	DE	WDPBDT	Saturday	2021-05-29	3:00:00 AM	ET
Salisbury	Seaford	DE	WDPBDT	Sunday	2021-05-30	3:00:00 AM	ET
San Francisco	San Francisco	CA	KQEDDT	Thursday	2021-05-27	3:00:00 AM	PT
San Francisco	San Francisco	CA	KQEDDT	Saturday	2021-05-29	9:00:00 AM	PT
San Francisco	San Francisco	CA	KQEDDT2	Tuesday	2021-05-25	3:00:00 AM	PT
San Francisco	San Francisco	CA	KQEDDT2	Saturday	2021-05-29	11:00:00 PM	PT
San Francisco	San Francisco	CA	KQEDDT2	Sunday	2021-05-30	5:00:00 AM	PT
San Francisco	San Jose	CA	KQEHDT	Tuesday	2021-05-25	3:00:00 AM	PT
San Francisco	San Jose	CA	KQEHDT	Saturday	2021-05-29	11:00:00 PM	PT
San Francisco	San Jose	CA	KQEHDT	Sunday	2021-05-30	5:00:00 AM	PT
San Francisco	San Jose	CA	KQEHDT2	Thursday	2021-05-27	3:00:00 AM	PT
San Francisco	San Jose	CA	KQEHDT2	Saturday	2021-05-29	9:00:00 AM	PT
Seattle	Seattle	WA	KCTS DT	Tuesday	2021-06-01	4:00:00 AM	PT
Seattle	Seattle	WA	KCTS DT	Sunday	2021-06-06	5:00:00 PM	PT
Seattle	Seattle	WA	KCTS DT	Tuesday	2021-06-08	4:00:00 AM	PT
Seattle	Seattle	WA	KCTS DT	Sunday	2021-06-13	5:00:00 PM	PT
Seattle	Seattle	WA	KCTS DT	Tuesday	2021-06-15	4:00:00 AM	PT
Sioux Falls, SD	Merriman	NE	KRNEDT3	Sunday	2021-06-06	10:00:00 AM	MT
Springfield-Holyoke	Springfield	MA	WGBYDT	Saturday	2021-06-05	2:00:00 PM	ET
Springfield-Holyoke	Springfield	MA	WGBYDT	Monday	2021-06-07	12:30:00 AM	ET
Springfield-Holyoke	Springfield	MA	WGBYDT4	Saturday	2021-06-05	7:00:00 PM	ET
Tallahassee	Tallahassee	FL	WFSUDT	Saturday	2021-06-05	3:30:00 AM	ET
Tallahassee	Tallahassee	FL	WFSUDT	Saturday	2021-06-05	4:00:00 PM	ET

Tallahassee	Tallahassee	FL	WFSUDT	Tuesday	2021-06-08	5:00:00 PM	ET
Tampa	Tampa	FL	WEDQDT4	Saturday	2021-06-05	11:00:00 PM	ET
Tampa	Tampa	FL	WEDQDT4	Sunday	2021-06-06	6:00:00 PM	ET
Tampa	Tampa	FL	WEDUDT	Friday	2021-06-04	11:00:00 PM	ET
Tampa	Tampa	FL	WEDUDT	Saturday	2021-06-05	1:00:00 PM	ET
Tampa	Tampa	FL	WEDUDT4	Saturday	2021-06-05	11:00:00 PM	ET
Tampa	Tampa	FL	WEDUDT4	Sunday	2021-06-06	6:00:00 PM	ET
Tulsa	Eufaula	OK	KOETDT	Saturday	2021-06-05	8:30:00 AM	CT
Tulsa	Tulsa	OK	KOED	Saturday	2021-06-05	8:30:00 AM	CT
Tulsa	Tulsa	OK	KOEDDT	Saturday	2021-06-05	8:30:00 AM	CT
Tulsa	Tulsa	OK	KOEDDT2	Sunday	2021-06-06	7:00:00 AM	CT
Washington	Washington	DC	WHUTDT	Saturday	2021-05-29	11:00:00 AM	ET
Washington	Washington	DC	WHUTDT	Monday	2021-05-31	4:00:00 AM	ET
Yakima, WA	Yakima	WA	KYVEDT	Tuesday	2021-06-01	4:00:00 AM	PT
Yakima, WA	Yakima	WA	KYVEDT	Sunday	2021-06-06	5:00:00 PM	PT
Yakima, WA	Yakima	WA	KYVEDT	Tuesday	2021-06-08	4:00:00 AM	PT
Yakima, WA	Yakima	WA	KYVEDT	Sunday	2021-06-13	5:00:00 PM	PT
Yakima, WA	Yakima	WA	KYVEDT	Tuesday	2021-06-15	4:00:00 AM	PT
Youngstown	Alliance	OH	WNEODT	Saturday	2021-05-29	4:30:00 PM	ET
Youngstown	Alliance	OH	WNEODT	Tuesday	2021-06-08	2:30:00 AM	ET
Youngstown	Alliance	OH	WNEODT	Monday	2021-06-14	5:00:00 AM	ET