

AGING BACKWARDS 3 - AIRINGS

Market	Channel	Weekday	Date	Time	T.Z.
Albany-Schenectady	WMHTDT3	Thursday	6/8/23	7:00:00 PM	ET
Albany-Schenectady	WMHTDT3	Friday	6/9/23	2:00:00 AM	ET
Albany-Schenectady	WMHTDT3	Friday	6/9/23	10:00:00 AM	ET
Albany, GA	WABWDT3	Friday	6/9/23	2:00:00 AM	ET
Albany, GA	WACSDT3	Friday	6/9/23	2:00:00 AM	ET
Albany, GA	WABWDT3	Friday	6/9/23	10:00:00 AM	ET
Albany, GA	WACSDT3	Friday	6/9/23	10:00:00 AM	ET
Albuquerque	KNMDDT	Friday	6/9/23	12:00:00 AM	MT
Albuquerque	KNMDDT	Friday	6/9/23	8:00:00 AM	MT
Amarillo	KACVDT	Sunday	6/4/23	11:00:00 AM	CT
Anchorage	KAKMDT3	Friday	6/9/23	1:00:00 AM	AKS
Atlanta	WABEDT	Wednesday	6/7/23	4:00:00 AM	ET
Atlanta	WGTVDT3	Friday	6/9/23	2:00:00 AM	ET
Atlanta	WGTVDT3	Friday	6/9/23	10:00:00 AM	ET
Augusta	WCESDT3	Friday	6/9/23	2:00:00 AM	ET
Augusta	WCESDT3	Friday	6/9/23	10:00:00 AM	ET
Austin	KLRUDT3	Thursday	6/8/23	6:00:00 PM	CT
Austin	KLRUDT3	Friday	6/9/23	1:00:00 AM	CT
Austin	KLRUDT3	Friday	6/9/23	9:00:00 AM	CT
Baltimore	WMPTDT	Wednesday	6/7/23	3:00:00 AM	ET
Baltimore	WMPTDT2	Wednesday	6/7/23	11:00:00 PM	ET
Bend, OR	KOABDT	Saturday	6/3/23	8:00:00 AM	PT
Billings	KBGSDT4	Thursday	6/8/23	5:00:00 PM	MT
Billings	KBGSDT4	Friday	6/9/23	12:00:00 AM	MT
Billings	KBGSDT4	Friday	6/9/23	8:00:00 AM	MT
Biloxi-Gulfport	WMAHDT	Saturday	6/3/23	8:00:00 AM	CT
Biloxi-Gulfport	WMAHDT	Monday	6/5/23	1:00:00 AM	CT
Biloxi-Gulfport	WMAHDT3	Saturday	6/10/23	7:00:00 PM	CT
Biloxi-Gulfport	WMAHDT	Sunday	6/11/23	8:00:00 AM	CT
Binghamton	WSKGDT4	Thursday	6/8/23	7:00:00 PM	ET
Binghamton	WSKGDT4	Friday	6/9/23	2:00:00 AM	ET
Binghamton	WSKGDT4	Friday	6/9/23	10:00:00 AM	ET
Birmingham	WBIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Birmingham	WCIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Birmingham	WBIQDT4	Friday	6/9/23	1:00:00 AM	CT
Birmingham	WCIQDT4	Friday	6/9/23	1:00:00 AM	CT
Birmingham	WBIQDT4	Friday	6/9/23	9:00:00 AM	CT
Birmingham	WCIQDT4	Friday	6/9/23	9:00:00 AM	CT
Bluefield-Beckley	WSWPDT2	Friday	6/9/23	2:00:00 AM	ET
Bluefield-Beckley	WSWPDT2	Friday	6/9/23	10:00:00 AM	ET
Boston	WGBHDT	Sunday	6/4/23	3:00:00 AM	ET
Boston	WENHDT3	Thursday	6/8/23	7:00:00 PM	ET
Boston	WGBHDT2	Thursday	6/8/23	7:00:00 PM	ET
Boston	WENHDT3	Friday	6/9/23	2:00:00 AM	ET
Boston	WGBHDT2	Friday	6/9/23	2:00:00 AM	ET

Market	Channel	Weekday	Date	Time	T.Z.
Boston	WENHDT3	Friday	6/9/23	10:00:00 AM	ET
Boston	WGBHDT2	Friday	6/9/23	10:00:00 AM	ET
Boston	WGBHDT	Friday	6/9/23	2:00:00 PM	ET
Burlington	WLEDDT3	Thursday	6/8/23	7:00:00 PM	ET
Burlington	WETKDT2	Friday	6/9/23	2:00:00 AM	ET
Burlington	WLEDDT3	Friday	6/9/23	2:00:00 AM	ET
Burlington	WVERDT2	Friday	6/9/23	2:00:00 AM	ET
Burlington	WVTADT2	Friday	6/9/23	2:00:00 AM	ET
Burlington	WVTBDT2	Friday	6/9/23	2:00:00 AM	ET
Burlington	WETKDT2	Friday	6/9/23	10:00:00 AM	ET
Burlington	WLEDDT3	Friday	6/9/23	10:00:00 AM	ET
Burlington	WVERDT2	Friday	6/9/23	10:00:00 AM	ET
Burlington	WVTADT2	Friday	6/9/23	10:00:00 AM	ET
Burlington	WVTBDT2	Friday	6/9/23	10:00:00 AM	ET
Butte-Bozeman, MT	KUSMDT4	Thursday	6/8/23	5:00:00 PM	MT
Butte-Bozeman, MT	KUSMDT4	Friday	6/9/23	12:00:00 AM	MT
Butte-Bozeman, MT	KUSMDT4	Friday	6/9/23	8:00:00 AM	MT
Champaign, IL	WILLDT3	Thursday	6/8/23	6:00:00 PM	CT
Champaign, IL	WSECDT2	Thursday	6/8/23	6:00:00 PM	CT
Champaign, IL	WILLDT3	Friday	6/9/23	1:00:00 AM	CT
Champaign, IL	WSECDT2	Friday	6/9/23	1:00:00 AM	CT
Champaign, IL	WSECDT2	Friday	6/9/23	9:00:00 AM	CT
Charleston, WV	WVPBDT2	Friday	6/9/23	2:00:00 AM	ET
Charleston, WV	WVPBDT2	Friday	6/9/23	10:00:00 AM	ET
Charlottesville	WHTJDT3	Thursday	6/8/23	7:00:00 PM	ET
Charlottesville	WHTJDT3	Friday	6/9/23	2:00:00 AM	ET
Charlottesville	WHTJDT3	Friday	6/9/23	10:00:00 AM	ET
Chattanooga	WTCIDT	Sunday	6/4/23	1:00:00 PM	ET
Chattanooga	WTCIDT	Monday	6/5/23	5:00:00 AM	ET
Chattanooga	WTCIDT4	Thursday	6/8/23	7:00:00 PM	ET
Chattanooga	WTCIDT4	Friday	6/9/23	2:00:00 AM	ET
Chattanooga	WNGHDT3	Friday	6/9/23	2:00:00 AM	ET
Chattanooga	WNGHDT3	Friday	6/9/23	10:00:00 AM	ET
Chattanooga	WTCIDT	Saturday	6/10/23	9:00:00 AM	ET
Cheyenne, WY	KTNET2	Friday	6/9/23	12:00:00 AM	MT
Cheyenne, WY	KTNET2	Friday	6/9/23	8:00:00 AM	MT
Chicago	WTTWDT5	Thursday	6/8/23	6:00:00 PM	CT
Chicago	WTTWDT5	Friday	6/9/23	1:00:00 AM	CT
Chicago	WTTWDT5	Friday	6/9/23	9:00:00 AM	CT
Clarksburg-Weston	WNPBDT2	Friday	6/9/23	2:00:00 AM	ET
Clarksburg-Weston	WNPBDT2	Friday	6/9/23	10:00:00 AM	ET
Cleveland	WVIZDT3	Thursday	6/8/23	7:00:00 PM	ET
Cleveland	WVIZDT3	Friday	6/9/23	2:00:00 AM	ET
Cleveland	WVIZDT3	Friday	6/9/23	10:00:00 AM	ET
Columbia, MO	KMOSDT	Saturday	6/3/23	1:30:00 PM	CT
Columbia, MO	KMOSDT	Tuesday	6/6/23	1:00:00 PM	CT
Columbia, MO	KMOSDT3	Friday	6/9/23	6:00:00 PM	CT

Market	Channel	Weekday	Date	Time	T.Z.
Columbia, MO	KMOSDT	Saturday	6/10/23	4:00:00 AM	CT
Columbia, MO	KMOSDT3	Saturday	6/10/23	11:00:00 AM	CT
Columbia, MO	KMOSDT2	Saturday	6/10/23	6:30:00 PM	CT
Columbia, MO	KMOSDT3	Saturday	6/10/23	11:00:00 PM	CT
Columbus	WOUBDT3	Thursday	6/8/23	7:00:00 PM	ET
Columbus	WOUBDT3	Friday	6/9/23	2:00:00 AM	ET
Columbus	WOUBDT3	Friday	6/9/23	10:00:00 AM	ET
Columbus-Tupelo	WMABDT	Saturday	6/3/23	8:00:00 AM	CT
Columbus-Tupelo	WMAEDT	Saturday	6/3/23	8:00:00 AM	CT
Columbus-Tupelo	WMABDT	Monday	6/5/23	1:00:00 AM	CT
Columbus-Tupelo	WMAEDT	Monday	6/5/23	1:00:00 AM	CT
Columbus-Tupelo	WMABDT	Sunday	6/11/23	8:00:00 AM	CT
Columbus-Tupelo	WMAEDT	Sunday	6/11/23	8:00:00 AM	CT
Columbus, GA	WJSPDT3	Friday	6/9/23	2:00:00 AM	ET
Columbus, GA	WJSPDT3	Friday	6/9/23	10:00:00 AM	ET
Dallas	KERADT4	Thursday	6/8/23	6:00:00 PM	CT
Dallas	KERADT4	Friday	6/9/23	1:00:00 AM	CT
Dallas	KERADT4	Friday	6/9/23	9:00:00 AM	CT
Dayton	WPTDDT4	Thursday	6/8/23	7:00:00 PM	ET
Dayton	WPTDDT4	Friday	6/9/23	2:00:00 AM	ET
Denver	KRMADT4	Thursday	6/8/23	5:00:00 PM	MT
Denver	KRMADT4	Friday	6/9/23	12:00:00 AM	MT
Denver	KRMADT4	Friday	6/9/23	8:00:00 AM	MT
Detroit	WTVSDT4	Thursday	6/8/23	7:00:00 PM	ET
Detroit	WTVSDT4	Friday	6/9/23	2:00:00 AM	ET
Detroit	WTVSDT4	Friday	6/9/23	10:00:00 AM	ET
Duluth-Superior	WDSEDT3	Monday	6/5/23	10:30:00 PM	CT
Duluth-Superior	WRPTDT3	Monday	6/5/23	10:30:00 PM	CT
Duluth-Superior	WDSEDT3	Friday	6/9/23	12:00:00 AM	CT
Duluth-Superior	WRPTDT3	Friday	6/9/23	12:00:00 AM	CT
Duluth-Superior	WDSEDT2	Friday	6/9/23	9:00:00 AM	CT
Duluth-Superior	WRPTDT2	Friday	6/9/23	9:00:00 AM	CT
Duluth-Superior	WDSEDT3	Saturday	6/10/23	12:30:00 PM	CT
Duluth-Superior	WRPTDT3	Saturday	6/10/23	12:30:00 PM	CT
El Paso	KRWGDT2	Thursday	6/8/23	5:00:00 PM	MT
El Paso	KRWGDT2	Friday	6/9/23	12:00:00 AM	MT
El Paso	KRWGDT2	Friday	6/9/23	8:00:00 AM	MT
Erie	WQLNDT3	Thursday	6/8/23	7:00:00 PM	ET
Erie	WQLNDT3	Friday	6/9/23	2:00:00 AM	ET
Erie	WQLNDT3	Friday	6/9/23	10:00:00 AM	ET
Eugene	KOACDT	Saturday	6/3/23	8:00:00 AM	PT
Eugene	KEPBDT	Saturday	6/3/23	8:00:00 AM	PT
Eugene	KEPBDT2	Thursday	6/8/23	11:00:00 PM	PT
Eugene	KOACDT2	Thursday	6/8/23	11:00:00 PM	PT
Eugene	KEPBDT2	Friday	6/9/23	7:00:00 AM	PT
Eugene	KOACDT2	Friday	6/9/23	7:00:00 AM	PT
Eureka	KEETDT5	Thursday	6/8/23	4:00:00 PM	PT

Market	Channel	Weekday	Date	Time	T.Z.
Eureka	KEETDT5	Thursday	6/8/23	11:00:00 PM	PT
Eureka	KEETDT5	Friday	6/9/23	7:00:00 AM	PT
Fargo	KCGEDT2	Thursday	6/8/23	6:00:00 PM	CT
Fargo	KFMEDT2	Thursday	6/8/23	6:00:00 PM	CT
Fargo	KGFEDT2	Thursday	6/8/23	6:00:00 PM	CT
Fargo	KJREDT2	Thursday	6/8/23	6:00:00 PM	CT
Fargo	KMDEDT2	Thursday	6/8/23	6:00:00 PM	CT
Fargo	KCGEDT2	Friday	6/9/23	1:00:00 AM	CT
Fargo	KFMEDT2	Friday	6/9/23	1:00:00 AM	CT
Fargo	KGFEDT2	Friday	6/9/23	1:00:00 AM	CT
Fargo	KJREDT2	Friday	6/9/23	1:00:00 AM	CT
Fargo	KMDEDT2	Friday	6/9/23	1:00:00 AM	CT
Fargo	KCGEDT2	Friday	6/9/23	9:00:00 AM	CT
Fargo	KFMEDT2	Friday	6/9/23	9:00:00 AM	CT
Fargo	KGFEDT2	Friday	6/9/23	9:00:00 AM	CT
Fargo	KJREDT2	Friday	6/9/23	9:00:00 AM	CT
Fargo	KMDEDT2	Friday	6/9/23	9:00:00 AM	CT
Flint-Saginaw	WDCQDT2	Thursday	6/8/23	7:00:00 PM	ET
Flint-Saginaw	WDCQDT3	Saturday	6/10/23	12:00:00 PM	ET
Fresno-Visalia	KVPTDT4	Thursday	6/8/23	4:00:00 PM	PT
Fresno-Visalia	KVPTDT4	Thursday	6/8/23	11:00:00 PM	PT
Fresno-Visalia	KVPTDT4	Friday	6/9/23	7:00:00 AM	PT
Ft Myers-Napls	WGCUDT2	Thursday	6/8/23	7:00:00 PM	ET
Ft Myers-Napls	WGCUDT2	Friday	6/9/23	2:00:00 AM	ET
Ft Myers-Napls	WGCUDT2	Friday	6/9/23	10:00:00 AM	ET
Ft. Smith, AR	KAFTDT4	Thursday	6/8/23	6:00:00 PM	CT
Ft. Smith, AR	KAFTDT4	Friday	6/9/23	1:00:00 AM	CT
Ft. Smith, AR	KAFTDT4	Friday	6/9/23	9:00:00 AM	CT
Grand Junction	KRMJDT4	Thursday	6/8/23	5:00:00 PM	MT
Grand Junction	KRMJDT4	Friday	6/9/23	12:00:00 AM	MT
Grand Junction	KRMJDT4	Friday	6/9/23	8:00:00 AM	MT
Grand Rapids	WGVUDT4	Thursday	6/8/23	7:00:00 PM	ET
Grand Rapids	WGVUDT4	Friday	6/9/23	2:00:00 AM	ET
Grand Rapids	WGVUDT4	Friday	6/9/23	10:00:00 AM	ET
Great Falls	KUGFDT4	Thursday	6/8/23	5:00:00 PM	MT
Great Falls	KUGFDT4	Friday	6/9/23	12:00:00 AM	MT
Great Falls	KUGFDT4	Friday	6/9/23	8:00:00 AM	MT
Greenwood-Greenville	WMAODT	Saturday	6/3/23	8:00:00 AM	CT
Greenwood-Greenville	WMAODT	Monday	6/5/23	1:00:00 AM	CT
Greenwood-Greenville	WMAODT	Sunday	6/11/23	8:00:00 AM	CT
Harrisonburg	WVPTDT5	Thursday	6/8/23	7:00:00 PM	ET
Harrisonburg	WVPTDT5	Friday	6/9/23	2:00:00 AM	ET
Harrisonburg	WVPTDT5	Friday	6/9/23	10:00:00 AM	ET
Helena	KUHMDT4	Thursday	6/8/23	5:00:00 PM	MT
Helena	KUHMDT4	Friday	6/9/23	12:00:00 AM	MT
Helena	KUHMDT4	Friday	6/9/23	8:00:00 AM	MT
Houston	KUHTDT4	Thursday	6/8/23	6:00:00 PM	CT

Market	Channel	Weekday	Date	Time	T.Z.
Houston	KUHTDT4	Friday	6/9/23	1:00:00 AM	CT
Houston	KUHTDT4	Friday	6/9/23	9:00:00 AM	CT
Huntsville-Decatur	WFIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Huntsville-Decatur	WHIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Huntsville-Decatur	WFIQDT4	Friday	6/9/23	1:00:00 AM	CT
Huntsville-Decatur	WHIQDT4	Friday	6/9/23	1:00:00 AM	CT
Huntsville-Decatur	WFIQDT4	Friday	6/9/23	9:00:00 AM	CT
Huntsville-Decatur	WHIQDT4	Friday	6/9/23	9:00:00 AM	CT
Indianapolis	WFYIDT	Tuesday	6/6/23	4:30:00 AM	ET
Indianapolis	WTIU DT2	Thursday	6/8/23	7:00:00 PM	ET
Indianapolis	WTIU DT2	Friday	6/9/23	2:00:00 AM	ET
Indianapolis	WTIU DT2	Friday	6/9/23	10:00:00 AM	ET
Indianapolis	WFYIDT3	Sunday	6/11/23	11:00:00 PM	ET
Jackson, MS	WMAUDT	Saturday	6/3/23	8:00:00 AM	CT
Jackson, MS	WMPNDT	Saturday	6/3/23	8:00:00 AM	CT
Jackson, MS	WMAUDT	Monday	6/5/23	1:00:00 AM	CT
Jackson, MS	WMPNDT	Monday	6/5/23	1:00:00 AM	CT
Jackson, MS	WMPNDT5	Friday	6/9/23	1:00:00 AM	ET
Jackson, MS	WMPNDT3	Saturday	6/10/23	7:00:00 PM	CT
Jackson, MS	WMAUDT	Sunday	6/11/23	8:00:00 AM	CT
Jackson, MS	WMPNDT	Sunday	6/11/23	8:00:00 AM	CT
Jacksonville	WJCTDT	Wednesday	6/7/23	2:00:00 PM	ET
Jacksonville	WJCTDT5	Thursday	6/8/23	7:00:00 PM	ET
Jacksonville	WJCTDT5	Friday	6/9/23	2:00:00 AM	ET
Jacksonville	WXGADT3	Friday	6/9/23	2:00:00 AM	ET
Jacksonville	WJCTDT5	Friday	6/9/23	10:00:00 AM	ET
Jacksonville	WXGADT3	Friday	6/9/23	10:00:00 AM	ET
Johnstown-Altoona	WPSUDT3	Thursday	6/8/23	7:00:00 PM	ET
Johnstown-Altoona	WPSUDT3	Friday	6/9/23	2:00:00 AM	ET
Johnstown-Altoona	WPSUDT3	Friday	6/9/23	10:00:00 AM	ET
Jonesboro	KTEJDT4	Thursday	6/8/23	6:00:00 PM	CT
Jonesboro	KTEJDT4	Friday	6/9/23	1:00:00 AM	CT
Jonesboro	KTEJDT4	Friday	6/9/23	9:00:00 AM	CT
Joplin-Pittsburg	KOZJDT4	Thursday	6/8/23	6:00:00 PM	CT
Joplin-Pittsburg	KOZJDT4	Friday	6/9/23	1:00:00 AM	CT
Joplin-Pittsburg	KOZJDT4	Friday	6/9/23	9:00:00 AM	CT
Juneau, AK	KTOODT3	Friday	6/9/23	1:00:00 AM	AKS
Knoxville	WETPDT	Saturday	6/3/23	7:00:00 AM	ET
Knoxville	WKOPDT	Saturday	6/3/23	7:00:00 AM	ET
Knoxville	WETPDT3	Sunday	6/4/23	12:00:00 PM	ET
Knoxville	WKOPDT3	Sunday	6/4/23	12:00:00 PM	ET
Knoxville	WETPDT3	Monday	6/5/23	9:00:00 AM	ET
Knoxville	WKOPDT3	Monday	6/5/23	9:00:00 AM	ET
Knoxville	WETPDT	Tuesday	6/6/23	12:00:00 AM	ET
Knoxville	WKOPDT	Tuesday	6/6/23	12:00:00 AM	ET
Knoxville	WETPDT4	Thursday	6/8/23	7:00:00 PM	ET
Knoxville	WKOPDT4	Thursday	6/8/23	7:00:00 PM	ET

Market	Channel	Weekday	Date	Time	T.Z.
Knoxville	WETPDT	Friday	6/9/23	12:00:00 AM	ET
Knoxville	WKOPDT	Friday	6/9/23	12:00:00 AM	ET
Knoxville	WETPDT4	Friday	6/9/23	2:00:00 AM	ET
Knoxville	WKOPDT4	Friday	6/9/23	2:00:00 AM	ET
Knoxville	WETPDT3	Friday	6/9/23	9:00:00 AM	ET
Knoxville	WKOPDT3	Friday	6/9/23	9:00:00 AM	ET
Knoxville	WETPDT4	Friday	6/9/23	10:00:00 AM	ET
Knoxville	WKOPDT4	Friday	6/9/23	10:00:00 AM	ET
Lansing	WKARDT	Sunday	6/4/23	12:00:00 AM	ET
Lansing	WKARDT3	Sunday	6/4/23	12:00:00 PM	ET
Lansing	WKARDT	Monday	6/5/23	5:00:00 AM	ET
Lansing	WKARDT2	Wednesday	6/7/23	3:30:00 PM	ET
Lansing	WKARDT2	Thursday	6/8/23	7:00:00 PM	ET
Lansing	WKARDT2	Friday	6/9/23	2:00:00 AM	ET
Lansing	WKARDT	Friday	6/9/23	5:00:00 AM	ET
Lansing	WKARDT	Saturday	6/10/23	6:00:00 PM	ET
Lansing	WKARDT2	Saturday	6/10/23	9:00:00 PM	ET
Las Vegas	KLVX-WOR	Thursday	6/8/23	4:00:00 PM	PT
Las Vegas	KLVX-WOR	Thursday	6/8/23	11:00:00 PM	PT
Las Vegas	KLVX-WOR	Friday	6/9/23	7:00:00 AM	PT
Lima	WBGUDT	Sunday	6/4/23	4:00:00 PM	ET
Lincoln-Hastings	KUONDT2	Friday	6/9/23	1:00:00 AM	CT
Lincoln-Hastings	KHNEDT2	Friday	6/9/23	1:00:00 AM	CT
Lincoln-Hastings	NET2	Friday	6/9/23	1:00:00 AM	CT
Lincoln-Hastings	KUONDT2	Friday	6/9/23	9:00:00 AM	CT
Lincoln-Hastings	KHNEDT2	Friday	6/9/23	9:00:00 AM	CT
Lincoln-Hastings	NET2	Friday	6/9/23	9:00:00 AM	CT
Little Rock, AR	KEMVDT4	Thursday	6/8/23	6:00:00 PM	CT
Little Rock, AR	KETGDT4	Thursday	6/8/23	6:00:00 PM	CT
Little Rock, AR	KETSDT4	Thursday	6/8/23	6:00:00 PM	CT
Little Rock, AR	KEMVDT4	Friday	6/9/23	1:00:00 AM	CT
Little Rock, AR	KETGDT4	Friday	6/9/23	1:00:00 AM	CT
Little Rock, AR	KETSDT4	Friday	6/9/23	1:00:00 AM	CT
Little Rock, AR	KEMVDT4	Friday	6/9/23	9:00:00 AM	CT
Little Rock, AR	KETGDT4	Friday	6/9/23	9:00:00 AM	CT
Little Rock, AR	KETSDT4	Friday	6/9/23	9:00:00 AM	CT
Los Angeles	KOCEDT4	Thursday	6/8/23	4:00:00 PM	PT
Los Angeles	KOCEDT4	Thursday	6/8/23	11:00:00 PM	PT
Los Angeles	KOCEDT4	Friday	6/9/23	7:00:00 AM	PT
Macon	WMUMDT3	Friday	6/9/23	2:00:00 AM	ET
Macon	WMUMDT3	Friday	6/9/23	10:00:00 AM	ET
Medford, OR	KSYSDT2	Thursday	6/8/23	4:00:00 PM	PT
Medford, OR	KFTSDT2	Thursday	6/8/23	4:00:00 PM	PT
Medford, OR	KSYS21	Thursday	6/8/23	4:00:00 PM	PT
Medford, OR	KSYSDT2	Thursday	6/8/23	11:00:00 PM	PT
Medford, OR	KFTSDT2	Thursday	6/8/23	11:00:00 PM	PT
Medford, OR	KSYS21	Thursday	6/8/23	11:00:00 PM	PT

Market	Channel	Weekday	Date	Time	T.Z.
Memphis	WMAVDT	Saturday	6/3/23	8:00:00 AM	CT
Memphis	WMAVDT	Monday	6/5/23	1:00:00 AM	CT
Memphis	WKNODT2	Friday	6/9/23	1:00:00 AM	CT
Memphis	WKNODT2	Friday	6/9/23	9:00:00 AM	CT
Memphis	WMAVDT	Sunday	6/11/23	8:00:00 AM	CT
Meridian	WMAWDT	Saturday	6/3/23	8:00:00 AM	CT
Meridian	WMAWDT	Monday	6/5/23	1:00:00 AM	CT
Meridian	WMAWDT3	Saturday	6/10/23	7:00:00 PM	CT
Meridian	WMAWDT	Sunday	6/11/23	8:00:00 AM	CT
Milwaukee	WMVTD2	Thursday	6/8/23	6:00:00 PM	CT
Milwaukee	WMVTD2	Friday	6/9/23	1:00:00 AM	CT
Milwaukee	WMVTD2	Friday	6/9/23	9:00:00 AM	CT
Minneapolis	KWCMDT4	Thursday	6/8/23	6:00:00 PM	CT
Minneapolis	KWCMDT4	Friday	6/9/23	1:00:00 AM	CT
Minneapolis	KWCMDT4	Friday	6/9/23	9:00:00 AM	CT
Minot-Bismarck	KBMEDT2	Thursday	6/8/23	6:00:00 PM	CT
Minot-Bismarck	KDSED2	Thursday	6/8/23	6:00:00 PM	CT
Minot-Bismarck	KQSDDT2	Thursday	6/8/23	6:00:00 PM	CT
Minot-Bismarck	KSREDT2	Thursday	6/8/23	6:00:00 PM	CT
Minot-Bismarck	KWSED2	Thursday	6/8/23	6:00:00 PM	CT
Minot-Bismarck	KBMEDT2	Friday	6/9/23	1:00:00 AM	CT
Minot-Bismarck	KDSED2	Friday	6/9/23	1:00:00 AM	CT
Minot-Bismarck	KQSDDT2	Friday	6/9/23	1:00:00 AM	CT
Minot-Bismarck	KSREDT2	Friday	6/9/23	1:00:00 AM	CT
Minot-Bismarck	KWSED2	Friday	6/9/23	1:00:00 AM	CT
Minot-Bismarck	KBMEDT2	Friday	6/9/23	9:00:00 AM	CT
Minot-Bismarck	KDSED2	Friday	6/9/23	9:00:00 AM	CT
Minot-Bismarck	KQSDDT2	Friday	6/9/23	9:00:00 AM	CT
Minot-Bismarck	KSREDT2	Friday	6/9/23	9:00:00 AM	CT
Minot-Bismarck	KWSED2	Friday	6/9/23	9:00:00 AM	CT
Missoula	KUFMDT4	Thursday	6/8/23	5:00:00 PM	MT
Missoula	KUKLDT4	Thursday	6/8/23	5:00:00 PM	MT
Missoula	KUFMDT4	Friday	6/9/23	12:00:00 AM	MT
Missoula	KUKLDT4	Friday	6/9/23	12:00:00 AM	MT
Missoula	KUFMDT4	Friday	6/9/23	8:00:00 AM	MT
Missoula	KUKLDT4	Friday	6/9/23	8:00:00 AM	MT
Mobile-Pensacola	WEIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Mobile-Pensacola	WSREDT2	Thursday	6/8/23	6:00:00 PM	CT
Mobile-Pensacola	WEIQDT4	Friday	6/9/23	1:00:00 AM	CT
Mobile-Pensacola	WSREDT2	Friday	6/9/23	1:00:00 AM	CT
Mobile-Pensacola	WEIQDT4	Friday	6/9/23	9:00:00 AM	CT
Mobile-Pensacola	WSREDT2	Friday	6/9/23	9:00:00 AM	CT
Monroe-El Dorado	KETZDT4	Thursday	6/8/23	6:00:00 PM	CT
Monroe-El Dorado	KETZDT4	Friday	6/9/23	1:00:00 AM	CT
Monroe-El Dorado	KETZDT4	Friday	6/9/23	9:00:00 AM	CT
Monterey-Salinas	KQETDT2	Monday	6/5/23	11:00:00 PM	PT
Monterey-Salinas	KQETDT2	Tuesday	6/6/23	5:00:00 AM	PT

Market	Channel	Weekday	Date	Time	T.Z.
Monterey-Salinas	KQETDT3	Thursday	6/8/23	3:30:00 PM	PT
Monterey-Salinas	KQETDT3	Friday	6/9/23	7:00:00 AM	PT
Montgomery (Selma)	WAIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Montgomery (Selma)	WDIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Montgomery (Selma)	WGIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Montgomery (Selma)	WIIQDT4	Thursday	6/8/23	6:00:00 PM	CT
Montgomery (Selma)	WAIQDT4	Friday	6/9/23	1:00:00 AM	CT
Montgomery (Selma)	WDIQDT4	Friday	6/9/23	1:00:00 AM	CT
Montgomery (Selma)	WGIQDT4	Friday	6/9/23	1:00:00 AM	CT
Montgomery (Selma)	WIIQDT4	Friday	6/9/23	1:00:00 AM	CT
Montgomery (Selma)	WAIQDT4	Friday	6/9/23	9:00:00 AM	CT
Montgomery (Selma)	WDIQDT4	Friday	6/9/23	9:00:00 AM	CT
Montgomery (Selma)	WGIQDT4	Friday	6/9/23	9:00:00 AM	CT
Montgomery (Selma)	WIIQDT4	Friday	6/9/23	9:00:00 AM	CT
Nashville	WCTEDT2	Thursday	6/8/23	6:00:00 PM	CT
Nashville	WNPTDT2	Thursday	6/8/23	6:00:00 PM	CT
Nashville	WCTEDT2	Friday	6/9/23	1:00:00 AM	CT
Nashville	WNPTDT2	Friday	6/9/23	1:00:00 AM	CT
Nashville	WCTEDT2	Friday	6/9/23	9:00:00 AM	CT
Nashville	WNPTDT2	Friday	6/9/23	9:00:00 AM	CT
New Orleans	WYESDT2	Thursday	6/8/23	6:00:00 PM	CT
New Orleans	WYESDT2	Friday	6/9/23	1:00:00 AM	CT
New Orleans	WYESDT2	Friday	6/9/23	9:00:00 AM	CT
New York	WLIWDT3	Thursday	6/8/23	7:00:00 PM	ET
New York	WLIWDT3	Friday	6/9/23	2:00:00 AM	ET
New York	WLIWDT3	Friday	6/9/23	10:00:00 AM	ET
Norfolk	WHRODT2	Thursday	6/8/23	7:00:00 PM	ET
Norfolk	WHRODT2	Friday	6/9/23	2:00:00 AM	ET
Norfolk	WHRODT2	Friday	6/9/23	10:00:00 AM	ET
Oklahoma City	KETADT2	Thursday	6/8/23	6:00:00 PM	CT
Oklahoma City	KETADT2	Friday	6/9/23	1:00:00 AM	CT
Oklahoma City	KETADT2	Friday	6/9/23	9:00:00 AM	CT
Omaha	KYNEDT2	Friday	6/9/23	1:00:00 AM	CT
Omaha	KYNEDT2	Friday	6/9/23	9:00:00 AM	CT
Paducah-Cape Girard	WSIU DT2	Thursday	6/8/23	6:00:00 PM	CT
Paducah-Cape Girard	WSIU DT2	Friday	6/9/23	1:00:00 AM	CT
Paducah-Cape Girard	WSIU DT2	Friday	6/9/23	9:00:00 AM	CT
Peoria-Bloomington	WTVPDT3	Thursday	6/8/23	6:00:00 PM	CT
Peoria-Bloomington	WTVPDT3	Friday	6/9/23	1:00:00 AM	CT
Peoria-Bloomington	WTVPDT3	Friday	6/9/23	9:00:00 AM	CT
Philadelphia	WPPTDT2	Thursday	6/8/23	7:00:00 PM	ET
Philadelphia	WPPTDT2	Friday	6/9/23	2:00:00 AM	ET
Philadelphia	WPPTDT2	Friday	6/9/23	10:00:00 AM	ET
Phoenix	KAETDT3	Friday	6/9/23	2:00:00 AM	MT
Phoenix	KAETDT3	Friday	6/9/23	10:00:00 AM	MT
Pittsburgh	WGPTDT	Wednesday	6/7/23	3:00:00 AM	ET
Pittsburgh	WQEDDT3	Thursday	6/8/23	7:00:00 PM	ET

Market	Channel	Weekday	Date	Time	T.Z.
Pittsburgh	WQEDDT3	Friday	6/9/23	2:00:00 AM	ET
Pittsburgh	WQEDDT3	Friday	6/9/23	10:00:00 AM	ET
Portland	KOPBDT	Saturday	6/3/23	8:00:00 AM	PT
Portland	KTVRDT	Saturday	6/3/23	8:00:00 AM	PT
Portland-Auburn	WCBBDT3	Thursday	6/8/23	7:00:00 PM	ET
Portland-Auburn	WMEADT3	Thursday	6/8/23	7:00:00 PM	ET
Portland-Auburn	WCBBDT3	Friday	6/9/23	2:00:00 AM	ET
Portland-Auburn	WMEADT3	Friday	6/9/23	2:00:00 AM	ET
Portland-Auburn	WCBBDT3	Friday	6/9/23	10:00:00 AM	ET
Portland-Auburn	WMEADT3	Friday	6/9/23	10:00:00 AM	ET
Quincy-Hannibal	WMECDT2	Thursday	6/8/23	6:00:00 PM	CT
Quincy-Hannibal	WQECDT2	Thursday	6/8/23	6:00:00 PM	CT
Quincy-Hannibal	WMECDT2	Friday	6/9/23	1:00:00 AM	CT
Quincy-Hannibal	WQECDT2	Friday	6/9/23	1:00:00 AM	CT
Quincy-Hannibal	WMECDT2	Friday	6/9/23	9:00:00 AM	CT
Quincy-Hannibal	WQECDT2	Friday	6/9/23	9:00:00 AM	CT
Rapid City	KBHEDT2	Thursday	6/8/23	5:00:00 PM	MT
Rapid City	KPSDDT2	Thursday	6/8/23	6:00:00 PM	CT
Rapid City	KZSDDT2	Thursday	6/8/23	6:00:00 PM	CT
Rapid City	KBHEDT2	Friday	6/9/23	12:00:00 AM	MT
Rapid City	KPSDDT2	Friday	6/9/23	1:00:00 AM	CT
Rapid City	KZSDDT2	Friday	6/9/23	1:00:00 AM	CT
Rapid City	KBHEDT2	Friday	6/9/23	8:00:00 AM	MT
Rapid City	KPSDDT2	Friday	6/9/23	9:00:00 AM	CT
Rapid City	KZSDDT2	Friday	6/9/23	9:00:00 AM	CT
Richmond-PtrBg	WCVEDT3	Thursday	6/8/23	7:00:00 PM	ET
Richmond-PtrBg	WCVEDT3	Friday	6/9/23	2:00:00 AM	ET
Richmond-PtrBg	WCVEDT3	Friday	6/9/23	10:00:00 AM	ET
Roanoke-Lynchburg	WBRADT2	Friday	6/9/23	2:00:00 AM	ET
Roanoke-Lynchburg	WBRADT2	Friday	6/9/23	10:00:00 AM	ET
Rochester, NY	WXXIDT2	Thursday	6/8/23	7:00:00 PM	ET
Rochester, NY	WXXIDT2	Friday	6/9/23	2:00:00 AM	ET
Rochester, NY	WXXIDT2	Friday	6/9/23	10:00:00 AM	ET
Sacramento	KVIEDT	Wednesday	6/7/23	4:30:00 AM	PT
Sacramento	KVIEDT3	Thursday	6/8/23	4:00:00 PM	PT
Sacramento	KVIEDT3	Thursday	6/8/23	11:00:00 PM	PT
Sacramento	KVIEDT3	Friday	6/9/23	7:00:00 AM	PT
Salisbury	WCPBDT	Wednesday	6/7/23	3:00:00 AM	ET
Salisbury	WCPBDT2	Wednesday	6/7/23	11:00:00 PM	ET
Salt Lake City	KUEDDT2	Thursday	6/8/23	5:00:00 PM	MT
Salt Lake City	KUESDT2	Thursday	6/8/23	5:00:00 PM	MT
Salt Lake City	KUEDDT2	Friday	6/9/23	12:00:00 AM	MT
Salt Lake City	KUESDT2	Friday	6/9/23	12:00:00 AM	MT
Salt Lake City	KUEDDT2	Friday	6/9/23	8:00:00 AM	MT
Salt Lake City	KUESDT2	Friday	6/9/23	8:00:00 AM	MT
San Antonio	KLRNDT2	Friday	6/9/23	1:00:00 AM	CT
San Diego	KPBSDT2	Friday	6/9/23	7:00:00 AM	PT

Market	Channel	Weekday	Date	Time	T.Z.
San Francisco	KPKJDT	Saturday	6/3/23	5:00:00 PM	PT
San Francisco	KRCBDT	Monday	6/5/23	7:00:00 PM	PT
San Francisco	KQEHD	Monday	6/5/23	11:00:00 PM	PT
San Francisco	KQEDDT2	Monday	6/5/23	11:00:00 PM	PT
San Francisco	KQEHD	Tuesday	6/6/23	5:00:00 AM	PT
San Francisco	KQEDDT2	Tuesday	6/6/23	5:00:00 AM	PT
San Francisco	KPKJDT	Tuesday	6/6/23	9:00:00 PM	PT
San Francisco	KRCBDT	Thursday	6/8/23	3:00:00 AM	PT
San Francisco	KQEDDT3	Thursday	6/8/23	3:30:00 PM	PT
San Francisco	KQEHD3	Thursday	6/8/23	3:30:00 PM	PT
San Francisco	KQEHD5	Thursday	6/8/23	3:30:00 PM	PT
San Francisco	KQEDDT3	Friday	6/9/23	7:00:00 AM	PT
San Francisco	KQEHD3	Friday	6/9/23	7:00:00 AM	PT
San Francisco	KQEHD5	Friday	6/9/23	7:00:00 AM	PT
San Francisco	KPKJDT	Friday	6/9/23	8:00:00 PM	PT
San Francisco	KPKJDT	Saturday	6/10/23	12:00:00 AM	PT
San Francisco	KRCBDT	Saturday	6/10/23	2:00:00 PM	PT
San Francisco	KPKJDT	Sunday	6/11/23	12:30:00 AM	PT
Savannah	WVANDT3	Friday	6/9/23	2:00:00 AM	ET
Savannah	WVANDT3	Friday	6/9/23	10:00:00 AM	ET
Seattle	KCTSDT4	Thursday	6/8/23	4:00:00 PM	PT
Seattle	KCTSDT4	Thursday	6/8/23	11:00:00 PM	PT
Seattle	KCTSDT4	Friday	6/9/23	7:00:00 AM	PT
Sioux City	KXNEDT2	Thursday	6/8/23	6:00:00 PM	CT
Sioux City	KXNEDT2	Friday	6/9/23	1:00:00 AM	CT
Sioux City	KXNEDT2	Friday	6/9/23	9:00:00 AM	CT
Sioux Falls, SD	KUSDDT2	Thursday	6/8/23	6:00:00 PM	CT
Sioux Falls, SD	KCSDDT2	Thursday	6/8/23	6:00:00 PM	CT
Sioux Falls, SD	KDSDDT2	Thursday	6/8/23	6:00:00 PM	CT
Sioux Falls, SD	KESDDT2	Thursday	6/8/23	6:00:00 PM	CT
Sioux Falls, SD	KSMNDT4	Thursday	6/8/23	6:00:00 PM	CT
Sioux Falls, SD	KTSDDT2	Thursday	6/8/23	6:00:00 PM	CT
Sioux Falls, SD	KRNEDT2	Friday	6/9/23	12:00:00 AM	MT
Sioux Falls, SD	KUSDDT2	Friday	6/9/23	1:00:00 AM	CT
Sioux Falls, SD	KCSDDT2	Friday	6/9/23	1:00:00 AM	CT
Sioux Falls, SD	KDSDDT2	Friday	6/9/23	1:00:00 AM	CT
Sioux Falls, SD	KESDDT2	Friday	6/9/23	1:00:00 AM	CT
Sioux Falls, SD	KSMNDT4	Friday	6/9/23	1:00:00 AM	CT
Sioux Falls, SD	KTSDDT2	Friday	6/9/23	1:00:00 AM	CT
Sioux Falls, SD	KRNEDT2	Friday	6/9/23	8:00:00 AM	MT
Sioux Falls, SD	KUSDDT2	Friday	6/9/23	9:00:00 AM	CT
Sioux Falls, SD	KCSDDT2	Friday	6/9/23	9:00:00 AM	CT
Sioux Falls, SD	KDSDDT2	Friday	6/9/23	9:00:00 AM	CT
Sioux Falls, SD	KESDDT2	Friday	6/9/23	9:00:00 AM	CT
Sioux Falls, SD	KSMNDT4	Friday	6/9/23	9:00:00 AM	CT
Sioux Falls, SD	KTSDDT2	Friday	6/9/23	9:00:00 AM	CT
Spokane	KSPSDT2	Thursday	6/8/23	4:00:00 PM	PT

Market	Channel	Weekday	Date	Time	T.Z.
Spokane	KSPSDT2	Thursday	6/8/23	11:00:00 PM	PT
Spokane	KSPSDT2	Friday	6/9/23	7:00:00 AM	PT
Springfield-Holyoke	WGBYDT2	Thursday	6/8/23	7:00:00 PM	ET
Springfield-Holyoke	WGBYDT2	Friday	6/9/23	2:00:00 AM	ET
Springfield-Holyoke	WGBYDT2	Friday	6/9/23	10:00:00 AM	ET
Springfield, MO	KOZKDT4	Thursday	6/8/23	6:00:00 PM	CT
Springfield, MO	KOZKDT4	Friday	6/9/23	1:00:00 AM	CT
Springfield, MO	KOZKDT4	Friday	6/9/23	9:00:00 AM	CT
St. Louis	KETCDT3	Thursday	6/8/23	6:00:00 PM	CT
St. Louis	KETCDT3	Friday	6/9/23	1:00:00 AM	CT
St. Louis	KETCDT3	Friday	6/9/23	9:00:00 AM	CT
Tampa	WEDQDT4	Sunday	6/4/23	11:00:00 PM	ET
Tampa	WEDUDT4	Sunday	6/4/23	11:00:00 PM	ET
Tampa	WEDQDT4	Tuesday	6/6/23	4:00:00 PM	ET
Tampa	WEDUDT4	Tuesday	6/6/23	4:00:00 PM	ET
Tampa	WEDQDT4	Wednesday	6/7/23	2:00:00 PM	ET
Tampa	WEDUDT4	Wednesday	6/7/23	2:00:00 PM	ET
Tampa	WEDUDT2	Thursday	6/8/23	7:00:00 PM	ET
Tampa	WEDQDT4	Thursday	6/8/23	10:00:00 PM	ET
Tampa	WEDUDT4	Thursday	6/8/23	10:00:00 PM	ET
Tampa	WEDUDT2	Friday	6/9/23	2:00:00 AM	ET
Tampa	WEDUDT2	Friday	6/9/23	10:00:00 AM	ET
Tampa	WEDQDT4	Friday	6/9/23	4:00:00 PM	ET
Tampa	WEDUDT4	Friday	6/9/23	4:00:00 PM	ET
Terre Haute	WUSIDT2	Thursday	6/8/23	6:00:00 PM	CT
Terre Haute	WUSIDT2	Friday	6/9/23	1:00:00 AM	CT
Terre Haute	WUSIDT2	Friday	6/9/23	9:00:00 AM	CT
Topeka	KTWUDT2	Thursday	6/8/23	6:00:00 PM	CT
Topeka	KTWUDT2	Friday	6/9/23	1:00:00 AM	CT
Topeka	KTWUDT2	Friday	6/9/23	9:00:00 AM	CT
Tucson	KUASDT	Saturday	6/10/23	4:00:00 AM	MT
Tucson	KUATDT	Saturday	6/10/23	4:00:00 AM	MT
Tulsa	KOEDDT2	Thursday	6/8/23	6:00:00 PM	CT
Tulsa	KOEDDT2	Friday	6/9/23	1:00:00 AM	CT
Tulsa	KOEDDT2	Friday	6/9/23	9:00:00 AM	CT
Washington	WFPTDT	Wednesday	6/7/23	3:00:00 AM	ET
Washington	WWPBDT	Wednesday	6/7/23	3:00:00 AM	ET
Washington	WFPTDT2	Wednesday	6/7/23	11:00:00 PM	ET
Washington	WETADT4	Thursday	6/8/23	7:00:00 PM	ET
Washington	WNVCDT	Thursday	6/8/23	7:00:00 PM	ET
Washington	WETADT4	Friday	6/9/23	2:00:00 AM	ET
Washington	WNVCDT	Friday	6/9/23	2:00:00 AM	ET
Washington	WETADT4	Friday	6/9/23	10:00:00 AM	ET
Washington	WNVCDT	Friday	6/9/23	10:00:00 AM	ET
Watertown	WNPIDT3	Thursday	6/8/23	7:00:00 PM	ET
Watertown	WPBSDT3	Thursday	6/8/23	7:00:00 PM	ET
Watertown	WNPIDT3	Friday	6/9/23	2:00:00 AM	ET

Market	Channel	Weekday	Date	Time	T.Z.
Watertown	WPBSDT3	Friday	6/9/23	2:00:00 AM	ET
Watertown	WNPIDT3	Friday	6/9/23	10:00:00 AM	ET
Watertown	WPBSDT3	Friday	6/9/23	10:00:00 AM	ET
Wheeling	WOUCDT3	Thursday	6/8/23	7:00:00 PM	ET
Wheeling	WOUCDT3	Friday	6/9/23	2:00:00 AM	ET
Wheeling	WOUCDT3	Friday	6/9/23	10:00:00 AM	ET